BAVARIAN ROOT



COMMUNITY SATURDAYS

Early bird:
129 EUR

Day retreats in Beuerberg
Just 40 minutes from Munich

- Group Therapeutic Yoga
- Transformational Workshops
- Creative Expression
- Nature Experience/ Deep Restoration
- 1:1 Consultation

10 Oct, 2026
At 10:00 am

Your intentional Wellbeing moment - Every second Saturday of the month

Inclusive for Every Gender, Age, Experience & Background



Led by Sylwia - Transformation Catalyst, Psychologist, Coach, Yoga Teacher & Change Manager with 15+years of experience.

Intimate groups up to six
Book now > info@bavarianroot.com