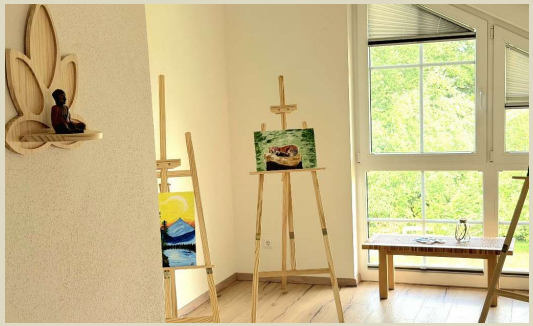
Our signature business programs

BAVARIAN ROOT







	Leadership in Change	Top Performer Care	Team Day Retreat
What	Coaching for Leaders driving Change and Transformation initiatives	Burnout prevention program for high achievers	Team building at a deeper level fostering real connections.
How	• Discovery call • 1x Change sponsorship consultation • 5x coaching sessions	• Discovery call • Individually tailored Day retreat incl. therapeutic yoga, creative expression, coaching and nature elements • 5x coaching sessions	• Discovery call with each team member • Tailored Day retreat reflecting team analysis and vision incl. group coaching, creative expression and therapeutic yoga • 1x follow up coaching session with each team member
Benefits	As a Leader, you get 12 years of big-company change-management expertise distilled into 6 sessions, analysis of your transformation program, help with defining the right leadership goals, and coaching to lead the change effectively.	Your Top Performer develops stress-management habits, builds stronger resilience, and a renewed sense of calm and direction. The Program strengthens long-term wellbeing and talent retention.	Your team strengthens trust, deepens connection, aligns around a shared vision, and turns team goals into real, sustained actions through follow-ups reinforcing lasting collaboration.