



BAVARIAN ROOT



# COMMUNITY SATURDAYS

In Beuerberg  
Just 40 minutes from Munich



Group Therapeutic Yoga



Transformational Workshops



Creative Expression



Nature Experience/  
Deep Restoration



1:1 Consultation



**11 July, 2026**  
**At 10:00 am**



Your intentional Wellbeing moment - Every second Saturday of the month



Inclusive for Every Gender, Age, Experience & Background

*Led by S. Bayerlein - Transformation Catalyst, Psychologist, Coach, Yoga Teacher & Change Manager with 15+ years of experience.*

Intimate groups up to 6  
Book now > [info@bavarianroot.com](mailto:info@bavarianroot.com)